

During the sedation appointment:

*If any sedative medications are administered before your child is taken to the treatment room, we will ask you to watch your child closely as he/she may become sleepy, dizzy, unsteady, uncoordinated, or irritable. You will need to remain next to your child to prevent injuries that may occur from stumbling or falling. Keeping your child calm but distracted from the unfamiliar surroundings often is helpful.

*You, as the child's parent/legal guardian, must remain at the office throughout the sedation appointment. You may not leave the office for any reason.

*The doctor and staff will evaluate your child's health status before he/she will be discharged home. Children recover from effects of sedation at different rates so be prepared to remain at our office until the doctor has determined your child is stable and the after-effects are minimal. At discharge, your child should be responsive but may be drowsy, crying or fussy.

After the sedation Appointment:

*Once home, your child will still be drowsy and must remain under adult supervision until fully recovered from the effects of the sedation. If your child wants to sleep, position your child on his/her side with the head supported and the chin up. During this period, check your child's breathing and airway every 3-5 minutes. If breathing becomes abnormal reposition the head until the snoring disappears and your child breathes normally. If breathing becomes abnormal or you are unable to arouse your child, contact emergency services (call 911 immediately).

*Nausea and vomiting are occasional side effects of sedation. If vomiting occurs, immediately clear the material from your child mouth. Once again, be sure that breathing is normal. If breathing becomes abnormal or you are unable to arouse your child, contact emergency services (call 911 immediately). If vomiting persists for 20 to 40 minutes, contact our office immediately.

*Your child may be drowsy for some time after the sedation appointment. Restrict activities for the remainder of the day. Prohibit potentially harmful activities such as bike riding, swimming, using playground equipment, or any activity where balance is important.

*In addition to the sedation medication, we offer use of local anesthetics to numb the mouth during the dental procedure. The numbness usually lasts 2-4 hours. Watch to see that your child does not bite, scratch, or injure the cheeks, lips or tongue during this time.

*Children may be irritable after treatment. If this occurs stay with your child and provide a calm environment. If you believe the irritability is caused by discomfort, you may give your child acetaminophen (Tylenol) or Ibuprofen (Motrin or Advil). Follow the instructions on the bottle for dosing based upon your child's age/weight.

*Once your child is alert, you may give him/her sips of clear liquid to prevent nausea and dehydration. Small drinks taken repeatedly are preferable to large amounts. The first meal should be something light and easily digestible (eg; soups, Jell-O, applesauce)

*A slight fever (temperature to 100.5 F) is not uncommon after sedation. You may give your child acetaminophen (Tylenol) or ibuprofen (Motrin or Advil). Follow the instructions on the bottle for dosing upon your child's age/weight. Because dehydration may cause a slight increase in temperature, clear fluids may help correct this condition. If a higher fever develops or the fever persists, call out office.

*Please feel free to call the office for any questions or concerns that you may have.

*Additional Instruction: _____

CONTACT NUMBERS: OFFICE (813) 528-8717

AFTER HOURS (941)256-8441